

OSHKOSH COMMUNITY YMCA'S

MID-WINTER MEET  
JANUARY 9-10, 2010

- Location: Oshkosh Community YMCA  
Philip R. Kuhn Pool  
3303 W. 20<sup>th</sup> Avenue  
Oshkosh, WI 54904
- Directions: **From Hwy 41 South (traveling from Appleton)** take the 9<sup>th</sup> street exit. Turn right onto 9<sup>th</sup> and then a quick left onto the west side frontage road. Take the frontage road to 20<sup>th</sup>. Take a right (west) onto 20<sup>th</sup> Avenue. Drive 1 ½ miles on 20<sup>th</sup> and the YMCA will be on the left.  
**From Hwy 41 North (traveling from Fond Du Lac)** Take the Hwy 44 exit. Turn left and cross over Hwy 41. Take a right onto the west side frontage road. Take the frontage road to 20<sup>th</sup> Avenue. Take a left (west) onto 20<sup>th</sup>. Drive approximately 1 ½ miles on 20<sup>th</sup> and the YMCA will be on the left.
- Facility: Indoor 25 yard pool with 8 lanes, starting blocks in 9 feet of water, electronic timing, 2 manual watches per lane. Spectator bleachers on deck. A rest area away from the pool will be provided.
- Host team: Oshkosh YMCA Dolphins
- Meet Director: Jay Coleman (920)-230-8439 x 124
- Rules: USA Swimming Technical Rules. Swimmers age as of January 9, 2010
- Meet Schedule: **Saturday + Sunday**  
*Warm-ups for 10 + Under* 7:30 – 8:20 AM  
*Competition for 10+Under* 8:30 AM  
*Warm-ups for 11+ Older* *Immediately following Session 1*  
*(Not before 10:30 AM) 55 minutes*  
*Competition for 11 + Older* 10 minutes after the conclusion of  
warm-ups (Not before 11:30 AM)
- Meet Format: The meet will be pre-seeded. With the exception of the 8+U's, swimmers should report directly to the blocks for each event. The 8+U's should report to the clerk of course for all individual events. *8+U relays should report directly to the blocks.* All 8+U races will start from the block end.
- Timers: The Oshkosh YMCA will provide timers.
- Entry Limit: Four (4) individual events plus one (1) relay per day
- Entry Fees: \$3.50 per event for individual events  
\$12.00 per event for relays  
\$4.00 surcharge per swimmer  
MAKE CHECKS PAYABLE TO **OSHKOSH YMCA SWIM TEAM**

Entry format: Please email a Zipped Hy-tek file to: [jaycoleman@oshkoshymca.org](mailto:jaycoleman@oshkoshymca.org)  
**DO NOT MAIL A HARD COPY – BRING YOUR CHECK THE DAY OF THE MEET**

Entry Deadline: Entries must be received by **Noon on Monday, January 4, 2010**

Awards:	Individual events:	Swim caps	1 <sup>st</sup> -3 <sup>rd</sup>
		Ribbons	4 <sup>th</sup> -16 <sup>th</sup>
	Relay events:	Swim caps	1 <sup>st</sup> -3 <sup>rd</sup>
		Ribbons	4 <sup>th</sup> -8 <sup>th</sup>

Best Time Caps: Each swimmer swimming a best time or competing in an event for the first time will receive a commemorative swim cap. Limit 1 cap per swimmer.

Heat Sheets: Heat sheets will be posted at [www.teamunify.com/Home.jsp?team=wioshy](http://www.teamunify.com/Home.jsp?team=wioshy) by Thursday, January 7 – print your own and bring it to the meet.

# Oshkosh Mid-Winter 2010

<b>Saturday AM</b>			
<b>Age group</b>	<b>Event Description</b>	<b>Girls</b>	<b>Boys</b>
8 + U	100 Medley Relay	1	2
10 + U	200 Medley Relay	3	4
8 + U	25 Free	5	6
10+U	50 Free	7	8
8 + U	50 Breast	9	10
10+U	100 Breast	11	12
8 + U	25 Fly	13	14
10+U	50 Fly	15	16
8 + U	50 Back	17	18
10+U	100 Back	19	20
8 + U	100 IM	21	22
10+U	100 IM	23	24

<b>Sunday AM</b>			
<b>Age Group</b>	<b>Event Description</b>	<b>Girls</b>	<b>Boys</b>
8 + U	100 Free Relay	63	64
10 + U	200 Free Relay	65	66
8 + U	25 Back	67	68
10+U	50 Back	69	70
8 + U	50 Fly	71	72
10+U	100 Fly	73	74
8 + U	50 Free	75	76
10+U	100 Free	77	78
8 + U	25 Breast	79	80
10+U	50 Breast	81	82
8 + U	100 Free	83	84
10+U	200 IM	85	86

<b>Saturday PM</b>			
<b>Age Group</b>	<b>Event Description</b>	<b>Girls</b>	<b>Boys</b>
Senior	200 Fly	25	26
12 + Under	200 Medley Relay	27	28
14 + Under	200 Medley Relay	29	30
Senior	200 Medley Relay	31	32
11-12	50 Free	33	34
13-14	50 Free	35	36
Senior	50 Free	37	38
11-12	100 Back	39	40
13-14	100 Back	41	42
Senior	100 Back	43	44
11-12	50 Fly	45	46
13-14	50 Fly	47	48
Senior	50 Fly	49	50
11-12	100 Breast	51	52
13-14	100 Breast	53	54
Senior	100 Breast	55	56
11-12	200 IM	57	58
13-14	200 IM	59	60
Senior	200 IM	61	62

<b>Sunday PM</b>			
<b>Age Group</b>	<b>Event Description</b>	<b>Girls</b>	<b>Boys</b>
12 + Under	200 Free Relay	87	88
14 + Under	200 Free Relay	89	90
Senior	200 Free Relay	91	92
11-12	100 IM	93	94
13-14	100 IM	95	96
Senior	100 IM	97	98
11-12	50 Breast	99	100
13-14	50 Breast	101	102
Senior	50 Breast	103	104
11-12	100 Fly	105	106
13-14	100 Fly	107	108
Senior	100 Fly	109	110
11-12	50 Back	111	112
13-14	50 Back	113	114
Senior	50 Back	115	116
11-12	100 Free	117	118
13-14	100 Free	119	120
Senior	100 Free	121	122
Senior	500 Free	123	124