

## GREEN BAY YMCA “Winter Open”

Date: Friday, Saturday & Sunday, January 22-24, 2010

Sponsored By: The Green Bay YMCA

Location: Downtown YMCA  
235 N. Jefferson St.  
Green Bay, WI

Eligibility & Rules: YMCA teams only USA Technical Rules.  
Age as of January 22, 2010.

Meet Referee(s): TBA

Age Division: 8&under, 9-10, 11-12, 13-14, and 15&Over. Distance event on  
Friday night. Split Session Saturday and Sunday.

Entry Information: A swimmer may enter a total of (7) individual events for the meet.  
Individual Entry fees are \$4.50 each. Relays \$12.00 each. Checks should be made  
out to The Green Bay YMCA. Please hand entry fee & waiver to Dave Korst at  
meet. E-mail entries only on HyTek. Send an entry list with your TM entry file :

Green Bay YMCA  
Attn: Dave Korst  
235 N. Jefferson St.  
Green Bay, WI 54301-5126

E-mail a TM file and entry list of your entries to [gbyswim@greenbayymca.org](mailto:gbyswim@greenbayymca.org)

Entries are due Thursday, January 7 2010; updates through January 18, 2010.  
THE MEET WILL BE LIMITED TO THE FIRST (550) SWIMMERS. Very  
limited space to new teams wanting to attend the meet.

### **ABSOLUTELY NO LATE ENTRIES WILL BE ACCEPTED.**

Deck entries are at the discretion of the Meet Director. Late entries will be  
at the cost of \$9.00 per Individual event; \$24.00 for relays.

Scratches: This meet will be pre-seeded. Swimmers report directly to blocks. Do not show  
up if you wish to be scratched. We will have a staging area for 8&unders.

Facility: Six (6) lanes, 25 yd., back stroke flags, non-turbulence lane  
dividers, Paragon starting platforms (33' above water level). Diving into 10 ½ feet  
of water; shallow end is 3 ½ feet deep. Electronic timing, full read-out  
scoreboard. Minimum of two back-up watches per lane.

Meet Director: Dave Korst (920) 436-9624

Schedule: Friday: Warm-ups 4:30-5:25pm.  
Meet starts at 5:30p.m  
Saturday: AM Warm-ups 7:00-8:00am  
Coaches Meeting 8:00am  
Meet starts at 8:15am  
PM Warm-ups 11:30am  
Meet Starts at 1:00pm

Sunday: AM Warm-ups 6:30-8:00am  
Meet starts at 8:10am  
PM Warm-ups 11:00am  
Meet Starts at 12:30pm

- Warm-up Procedure: Warm-ups and meet time-line will be issued on Wednesday, January 20. Absolutely no diving (SIT AND SLIDE/3 Point entries only) during warm-up; except during sprints when supervised by a coach. Coach must supervise their team warm-up. Fox Cities Y and Green Bay Y will warm-up in the first ½ hour.
- Awards: High Point Trophies (1<sup>st</sup>-6<sup>th</sup>) for 8&U, 9-10, 11-12, 13-14, and 15&O  
Ribbons 1st-16<sup>th</sup> place. Heat winner awards will be given. Team High Point Trophies (1<sup>st</sup>-3<sup>th</sup>). Host Team does not take a team award.
- Scoring: Individual - 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1;  
Relays - Double
- Admission: Adults - \$4.00, includes heat sheet  
Under 12 - No Charge
- Final Results: Each team in the meet will receive an e-mail with back-up and copy of results, Sunday after meet.
- Food & Refreshments: Food and refreshments will be sold. All food and drink must be consumed in the appropriate area. This will be strictly enforced. No food or drink allowed on Pool deck or in Gymnasium!
- Miscellaneous: Limited lockers are available. Swimmers are responsible for their own belongings. The Green Bay YMCA assumes no responsibility for lost articles.
- Coaches Notes: **In accordance with the Federal Video Voyeurism Prevention Act of 2004 – the use of camera phones or video recording devices in the locker rooms is prohibited.**
- The Gymnasium and additional area if needed will be available for a rest area. AN ADULT SUPERVISOR FROM EACH TEAM MUST BE PRESENT IN THE REST AREA AT ALL TIMES!!! All teams please keep all areas as clean as possible. No Food or Drink allowed in the rest areas.
- All Teams entered in the meet will be contacted by e-mail with entry lists, session Time-lines, etc. Please include e-mail with your team entry. I will use e-mail address that I receive your entries on.
- We ask that all swimmers please stay in assigned rest areas. No meet participants are allowed on the 2<sup>nd</sup> Floor or above of the YMCA or in the Lifestyle or Free-weight room. All participants are allowed on the 1<sup>st</sup> Floor and lower level only, and only in the appropriate areas pertaining to the Swim Meet. We also ask that swimmers not loiter in the locker rooms and showers. If needed additional space will be open for rest areas.
- Flyover Starts will be used.
- All ties for high point trophies will be decided by a coin toss. High point trophies will be awarded promptly after the conclusion of each Sunday meet session. All awards must be picked up by the end of the meet. We ask that awards be picked

up during the course of the meet to avoid delay. No awards will be mailed.

Only Coaches, swimmers and meet workers are allowed on the pool deck. Spectators can view the meet from the pool balcony or viewing windows above the pool.

Walter's Swim Supplies will be at the meet selling a wide variety of swimming supplies. (1-800-558-0428).

**GREEN BAY YMCA  
235 N. JEFFERSON STREET  
GREEN BAY, WISCONSIN 54301-5126  
(920) 436-9624**

**GREEN BAY YMCA "WINTER OPEN" MEET ENTRY SUMMARY**

This form must be completed and returned with hard copy and entry fees

Team \_\_\_\_\_

Coaches attending meet:

\_\_\_\_\_  
\_\_\_\_\_

Entry Fee Summary

# of swimmers \_\_\_\_\_

# of individual events \_\_\_\_\_ x \$4.50 = \_\_\_\_\_

# of relays \_\_\_\_\_ x \$12.00 = \_\_\_\_\_

**Total Entry Fee = \$** \_\_\_\_\_

E-mail address for contact, final results, etc: \_\_\_\_\_

NAME, e-mail address, and phone number OF PERSON RESPONSIBLE FOR THESE ENTRIES:

\_\_\_\_\_  
\_\_\_\_\_

**WAIVER:**

In consideration of your accepting this entry, I, intending to be legally bound, hereby for myself, successors, and assigns, release, waive and forever discharge the Green Bay YMCA and their officers, agents, employees, members and anyone in any way connected with the Green Bay YMCA from any and all liabilities, claims, demands, actions, or causes of actions of whatever kind of character arising out of or in connection with said event.

Signed this \_\_\_\_\_ day of \_\_\_\_\_ month, \_\_\_\_\_ year

\_\_\_\_\_  
Signature of Coach or Club Official

2010 Green Bay YMCA Winter Open Order of Events (Long Breaststroke Format)

Friday, January 22, 2010

<u>GIRLS</u>		<u>BOYS</u>
1	10&under 200 Free	2
3	11&12 500 Free	4
5	13&14 500 Free	6
7	15&over 500 Free	8

Saturday, January 23, 2010 (AM SESSION)

9	9-10 200 Medley Relay	10
11	11-12 200 Medley Relay	12
13	9-10 50 Breaststroke	14
15	11-12 50 Breaststroke	16
17	9-10 100 IM	18
19	11-12 100 IM	20
21	9-10 50 Free	22
23	11-12 50 Free	24
25	9-10 100 Back	26
27	11-12 100 Back	28

Saturday, January 23, 2010 (PM SESSION)

29	8&under 100 Medley Relay	30
31	13-14 200 Medley Relay	32
33	15&over 200 Medley Relay	34
35	8&under 25 Breast	36
37	13-14 100 Breast	38
39	15&over 100 Breast	40
41	8&under 100 IM	42
43	13-14 200 IM	44
45	15&over 200 IM	46
47	8&under 25 Free	48
49	13-14 50 Free	50
51	15&over 50 Free	52
53	8&under 50 Back	54
55	13-14 200 Back	56
57	15&over 200 Back	58

Sunday, January 24, 2010 (AM SESSION)

59	9-10 100 Free	60
61	11-12 100 Free	62
63	9-10 50 Back	64
65	11-12 50 Back	66
67	9-10 100 Breast	68
69	11-12 100 Breast	70
71	9-10 50 Butterfly	72
73	11-12 50 Butterfly	74
75	9-10 200 Free Relay	76
77	11-12 200 Free Relay	78

Sunday, January 24, 2010 (PM SESSION)

79	8&under 50 Free	80
81	13-14 100 Free	82
83	15&over 100 Free	84
85	8&under 25 Back	6
87	13-14 100 Back	88
89	15&over 100 Back	90
91	8&under 25 Fly	92
93	13-14 100 Fly	94
95	15&over 100 Fly	96
97	8&under 50 Breast	98
99	13-14 200 Breast	100
101	15&over 200 Breast	102
103	8&under 100 Free Relay	104
105	13-14 200 Free Relay	106
107	15&over 200 Free Relay	108