

## GREEN BAY YMCA "Sprint Meet"

Date: Saturday, December 5, 2009

Sponsored By: The Green Bay YMCA

Location: Downtown YMCA  
235 N. Jefferson St.  
Green Bay, WI

Eligibility & Rules: YMCA Closed Inter association /USA Technical Rules. Age as of Dec. 5, 2009.

Meet Referee: TBA

Age Division: 6&under, 7-8, 9-10, 11-12, 13-14, and 15&over.

Entry Information: A swimmer may enter a total of (5) individual events, and (1) relays. Individual Entry fees are \$4.00 each for individual events. No charge for relays. Checks should be made out to The Green Bay YMCA. Entry fee check may be turned into Meet Director prior to the meet start. Entries should be done on HyTek. Send or e-mail check, hard copy, and enclosed waiver to:

Green Bay YMCA  
% Dave Korst  
235 N. Jefferson St.  
Green Bay, WI 54301-5126

E-mail a commlink file of your entries to [gbyswim@greenbayymca.org](mailto:gbyswim@greenbayymca.org)

Entries are due Wednesday, November 25, 2009; updates through November 30. THE MEET WILL BE LIMITED TO THE FIRST (400) SWIMMERS. Contact DAVE KORST TO HOLD SPOTS IN MEET. (920-436-9624) e-mail is above.

### **ABSOLUTELY NO LATE ENTRIES WILL BE ACCEPTED.**

Deck entries are at the discretion of the Meet Director. Late entries will be at the cost of \$8.00 per event.

Scratches: This meet will be pre-seeded. Swimmers report directly to blocks. Do not show up if you wish to be scratched. We will have a staging area for 8&unders.

Facility: Eight (6) lanes, 25 yd., back stroke flags, non-turbulence lane dividers, Paragon starting platforms (33' above water level). Diving into 10 ½ feet of water; shallow end is 3 ½ feet deep. Electronic timing, full read-out scoreboard.

Meet Director: Dave Korst (920) 436-9624

Schedule: 6&unders, 7-8, & 9-10 Warm-ups 7:30-8:30am; Meet Starts at 8:40am  
11-12, 13-14, & 15&over Warm-ups 11:00am-Noon; Meet Starts at 12:05pm  
(If there is any change to the afternoon session times, teams will be notified December 2

Coaches Meeting 8:30am

- Warm-up Asssignment: Will be e-mailed to coaches on December 2  
Absolutely no diving ( [SIT AND SLIDE](#) entries only) during warm-up.  
Except during sprints when supervised by a coach.
- Awards: High Point Trophies (1st – 3rd). Ribbons 1st-12<sup>th</sup> place. Heat winner awards will be given. Team High Point Trophies (1<sup>st</sup>-3<sup>th</sup>) Host team will not take a team award.
- Scoring: Indv - 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1; Relays - double
- Admission: Adults - \$4.00, includes heat sheet  
Under 12 - No Charge
- Final Results: Each team in the meet will receive an e-mail with back-up and copy of results.
- Food & Refreshments: Food and refreshments will be sold. All food and drink must be consumed in the appropriate area. This will be strictly enforced. No food or drink allowed on Pool deck or in Gymnasium!
- Miscellaneous: Limited lockers are available. Swimmers are responsible for their own belongings. The Green Bay YMCA assumes no responsibility for lost articles.
- Coaches Note: **In accordance with the Federal Video Voyeurism Prevention Act of 2004 – the use of camera phones or video recording devices in the locker rooms is prohibited.**
- The Gymnasium will be available for a rest area. AN ADULT SUPERVISOR FROM EACH TEAM MUST BE PRESENT IN THE REST AREA AT ALL TIMES!!! All teams please keep all areas as clean as possible. No Food or Drink allowed in the gymnasium.
- All Teams entered in the meet will be contacted by e-mail with entry lists, session Time-lines, etc. Please include e-mail on waiver form. I will also use e-mail address that I receive your entries on.
- We ask that all swimmers please stay in assigned areas. No meet participants are allowed on the 2<sup>nd</sup> Floor or above of the YMCA or in the Lifestyle or Free-weight room. All participants are allowed on the 1<sup>st</sup> Floor and lower level only and only in the appropriate areas pertaining to the Swim meet. We also ask that swimmers not loiter in the locker rooms and showers. If needed, additional space will be opened for rest area.
- Flyover Starts will be used.
- All ties for high point trophies will be decided by a coin toss. High point trophies will be awarded promptly after the conclusion of the meet. All awards must be picked up by the end of the meet. We ask that awards be picked up during the course of the meet and not all after the meet is concluded. No awards will be mailed.
- Only Coaches, swimmers and meet workers are allowed on the pool deck. Spectators can view the meet from the pool balcony or viewing windows above the pool.
- Walter's Swim Supplies will be at the meet selling a wide variety of swimming supplies. (1-800-558-0428).

**GREEN BAY YMCA  
235 N. JEFFERSON STREET  
GREEN BAY, WISCONSIN 54301-5126  
(920) 436-9624**

**GREEN BAY YMCA "Sprint Meet" MEET ENTRY SUMMARY**

This form must be completed and returned with hard copy and entry fees

Team \_\_\_\_\_

Coaches attending meet:

\_\_\_\_\_  
\_\_\_\_\_

Entry Fee Summary

\_\_\_\_\_ # of swimmers

\_\_\_\_\_ # of individual events x \$4.00 = \_\_\_\_\_

\_\_\_\_\_ # of relays x \$12.00 = \_\_\_\_\_

Total Entry Fee \_\_\_\_\_ \$ \_\_\_\_\_

E-mail address for contact, final results, etc \_\_\_\_\_

NAME, e-mail address, and phone number OF PERSON RESPONSIBLE FOR THESE ENTRIES:

\_\_\_\_\_  
\_\_\_\_\_

**WAIVER:**

In consideration of your accepting this entry, I, intending to be legally bound, hereby for myself, successors, and assigns, release, waive and forever discharge the Green Bay YMCA and their officers, agents, employees, members and anyone in any way connected with the Green Bay YMCA from any and all liabilities, claims, demands, actions, or causes of actions of whatever kind of character arising out of or in connection with said event.

Signed this \_\_\_\_\_ day of \_\_\_\_\_ month \_\_\_\_\_ year

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Signature of Coach or Club Official

## Green Bay YMCA "Sprint Meet" Order of Events

### MORNING SESSION

<b>Girls</b>		<b>Boys</b>
1	6&under 50 Yard Freestyle	2
3	7-8 50 Yard Freestyle	4
5	9-10 100 Yard Freestyle	6
7	6&under 25 Yard Breaststroke	8
9	7-8 25 Yard Breaststroke	10
11	9-10 50 Yard Breaststroke	12
13	6&under 25 Yard Backstroke	14
15	7-8 25 Yard Backstroke	16
17	9-10 50 Yard Backstroke	18
19	6&under 25 Yard Freestyle	20
21	7-8 25 Yard Freestyle	22
23	9-10 50 Yard Freestyle	24
25	6&under 25 Yard Butterfly	26
27	7-8 25 Yard Butterfly	28
29	9-10 50 Yard Butterfly	30
31	8&under 100 Yard Free Relay	32
33	9-10 100 Yard Free Relay	34

### AFTERNOON SESSION

<b>Girls</b>		<b>Boys</b>
35	11-12 100 Yard Freestyle	36
37	13-14 100 Yard Freestyle	38
39	15&over 100 Yard Freestyle	40
41	11-12 50 Yard Breaststroke	42
43	13-14 50 Yard Breaststroke	44
45	15& over 50 Yard Breaststroke	46
47	11-12 50 Yard Backstroke	48
49	13-14 50 Yard Backstroke	50
51	15&over 50 Yard Backstroke	52
53	11-12 50 Yard Free Style	54
55	13-14 50 Yard Free Style	56
57	15&over 50 Yard Free Style	58
59	11-12 50 Yard Butterfly	60
61	13-14 50 Yard Butterfly	62
63	15&over 50 Yard Butterfly	64
65	11-12 100 Yard Free Relay	66
67	13-14 100 Yard Free Relay	68
69	15&over 100 Yard Free Relay	70